



# New England Allergy Asthma & Immunology

*International Patients Program Brochure*



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<b>WELCOME</b>	<b>3</b>
<b>DR. THOMAS F. JOHNSON</b>	<b>4</b>
<b>PERSONALIZED CARE</b>	<b>5</b>
<b>INTERNATIONAL PATIENT SERVICES</b>	<b>6</b>
<b>OUR SERVICES</b>	<b>7</b>
<b>SPECIAL SERVICES &amp; FEATURES</b>	<b>7</b>
<b>PATIENT ITINERARY DAY 1</b>	<b>8</b>
<b>PATIENT ITINERARY DAY 2</b>	<b>9</b>
<b>PATIENT ITINERARY DAY 3</b>	<b>10</b>
<b>TRAVEL TIPS</b>	<b>11</b>
<b>SUGGESTED PACKING CHECKLIST</b>	<b>12</b>
<b>TESTIMONIALS</b>	<b>13</b>
<b>OUR PROMISE</b>	<b>14</b>

**Chestnut Green at the Andovers**

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## WELCOME

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Our committed team will continuously combine patient's medical needs, special cultural, religious and linguistic expectations into a tailored experience that makes New England Allergy feel as close to home as possible.

We aspire to deliver the very best medical care in a safe, comfortable, and compassionate environment through an all inclusive package including lodging, air and ground transportation, medical testing and care program over the course of three days.

歡迎

Bienvenido  
Bem-vindo

Welcome

أهلاً وسهلاً

स्वागत

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The practice of medicine in today's world is both a wonder and a challenge. In recent years, technology has brought forth medicines, techniques, and equipment that has been revolutionary. However, it still comes down to the doctor and the patient. My patients become my friends, my colleagues, and my extended family. They trust me to help heal them when they are ill, a trust I hold sacred. Patients are not customers. They are people that my medical team and I are trying to keep healthy. New England Allergy is all about helping the patients create a life of wellness.

*Thomas F. Johnson, MD*

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## DR. THOMAS F. JOHNSON

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Dr. Johnson received his MD from the University of Toronto and is a graduate of the Harvard Acupuncture Program.

He is an alumnus of the Mayo Clinic Graduate School where he trained in Internal Medicine. He is also an alumnus of the State University of New York where he trained in Allergy and Immunology.

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## PERSONALIZED CARE

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Since 1975, this practice has offered General Internal Medicine (Primary Care) and Allergy, Asthma and Immunology (Specialty Care). Internal Medicine care is offered for ages 12 and up. Allergy, Asthma and Immunology specialty care is offered to all age groups. All practitioners are Board Certified.

We offer the unique Rainbow Asthma Home Care Program which has received praise for dramatically reducing asthma hospitalizations, emergency room visits, and costs. We subspecialize in complete asthma care for all age groups.

Immune deficiency diseases are part of the practice of allergy, asthma and immunology. We also specialize in recognizing the presence of immune deficiency diseases, and together with our colleagues in Boston, provide comprehensive services in this regard.

In an effort to create a better medical home for our family of patients we have expanded both our staff and our areas of medical treatment. Specialties such as diabetic care, and adult and children food allergies can now be found under our roof. We also have added the Niox Mino Asthma treatment program to our services as well.



In this international program, we will exceed patient's expectations. We take care of every detail, from connecting you to your communities of faith or cultural support, to arranging a medical interpreter.

At New England Allergy, we aspire to achieve seamless communication with each and every patient to feel comfortable in regards to language, culture, religion, and personal preferences. We also strive for excellence in our practice and in your health through comfort and healing. Our team is here to ensure a smooth medical journey for you and your family.

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## INTERNATIONAL PATIENT SERVICES

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With this program, we strive to accomplish and offer the following:

- Personalized care for each patient
- Appointed liaison for each patient
- Professional medical interpretation services
- Personal escorts to appointments and procedures
- Complimentary transportation to and from the airport and for all medical appointments
- Special meals honoring dietary restrictions upon request
- Arrangements for individual cultural or religious needs
- Concierge services and arrangements for sight-seeing, shopping, and dining\*
- Correspondence with care team after returning to their home country

*\*Additional cost is associated with this service*





## OUR SERVICES

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- Blood Lab
- Acupuncture
- X-Ray
- Pulmonary
- Bone Density
- Skin Testing
- Diabetes Treatment
- Food Allergies
- Pediatric Food Allergies
- Niox Mino Treatment

## SPECIAL SERVICES & FEATURES

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- State Licensed Intermediate Level Laboratory
  - On-site X-ray
  - On-site Bone Density
  - On-site Tympanometry
  - On-site Sinus Ultrasound
  - On-site Rhinolaryngoscopy
  - On-site Rhinometry
  - On-site Pulmonary Function Tests
  - On-site Audiometry
  - On-site Echocardiography
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## PATIENT ITINERARY DAY 1

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Every patient's case will be unique to their specific needs. Although tentative, your comprehensive program at New England Allergy will most likely be similar to the following:

### Day 1 (Baseline Studies)

#### Morning

06:00 am - Arrival to Boston Logan International Airport

08:00 am - Pickup from airport & head to NEA in N. Andover

09:00 am - Welcome breakfast and introduction to program

10:00 am - Perform following tests:

- History & physical examination
- Skin tests (seasonal and environmental allergens)
- Food antigens
- Special skin testing
- Pertinent serological tests and blood work

#### Afternoon/Evening

12:00 pm - Lunch

01:00 pm - Discussion of additional serological and special testing

03:00 pm - Check in to Atkinson Resort & Country Club

04:00 pm - Tour around Boston upon request

05:00 pm - Dinner

09:00 pm - Return to Atkinson Resort & Country Club



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## PATIENT ITINERARY DAY 2

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### Day 2 (Specialty Tests)

#### Morning

07:00 am - Breakfast

08:00 am - Shuttle to NEA

08:30 am - Perform following tests:

- Special procedures such as pulmonary function studies and evaluation of sinuses by CAT scan
- Radiologic studies including chest x-ray, pulmonary function studies including baseline and specialty studies such as cold air and methocholine
- Run serological tests

#### Afternoon/Evening

12:00 pm - Lunch

02:00 pm - Tour around Boston upon request

05:00 pm - Dinner

09:00 pm - Return to Atkinson Resort & Country Club



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## PATIENT ITINERARY DAY 3

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### Day 3 (Summary/Results)

#### Morning

07:00 am - Breakfast

08:00 am - Shuttle to NEA

08:30 am - Summary of all findings and results will be ready

09:00 am - Pulmonary tests will be ready for discussion

10:00 am - Formation of diagnosis & initiation of therapeutic plans

11:00 am - We will be providing all necessary:

- Extracts and antigens for administration back home in the case of allergy
- Initial equipment and medication for treatment of asthma and associated conditions such as gastrointestinal reflux

#### Afternoon/Evening

12:00 pm - Check out at Atkinson Resort & Country Club

04:30 pm - Drop off to Boston Logan International Airport

00:00 pm - Departure





## TRAVEL TIPS

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- Make sure passports & appropriate visas to the US are valid for at least 6 months before travel date.
- Carry a medication list with you at all times. Note any drug allergies that you have.
- Check to see if you have enough doses of your medications. Plan for an extra few days.
- Pack your medications in your carry on instead of your checked luggage. If you require extra assistance boarding a plane, arrange with airlines a week ahead.
- Carry documentation from your doctor if you have any pre-existing medical conditions or need to carry insulin. Note if you have any implanted medical devices or pacemakers.
- Request special meals if needed in advance for your air travel.
- Carry NEA's contact information and your assigned liason's information with you. Also be sure to note any emergency contacts.
- Clearly mark your luggage to make it easier to spot.
- Keep small liquids in a clear plastic bag when passing through security.
- Make sure all your electronics are fully charged.
- Keep hand sanitizers and disinfecting wipes handy and easy to reach.
- Drink plenty of fluids while traveling to stay hydrated.
- Don't forget to exchange currency!

## SUGGESTED PACKING CHECKLIST

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Clothes	Basics	Dressy	Casual	Outerwear & Accessories
	<input type="checkbox"/> Bras & Underwear <input type="checkbox"/> Socks <input type="checkbox"/> Sleepwear <input type="checkbox"/> Robe <input type="checkbox"/> Slippers <input type="checkbox"/> Sandals/Flip Flops	<input type="checkbox"/> Dresses <input type="checkbox"/> Skirts <input type="checkbox"/> Slacks <input type="checkbox"/> Long Sleeve Shirts <input type="checkbox"/> Blazers <input type="checkbox"/> Sweaters <input type="checkbox"/> Dress Shoes	<input type="checkbox"/> T-shirts <input type="checkbox"/> Tank Tops <input type="checkbox"/> Jeans <input type="checkbox"/> Shorts <input type="checkbox"/> Swimsuit <input type="checkbox"/> Casual Shoes	<input type="checkbox"/> Jackets & Coats <input type="checkbox"/> Raincoats <input type="checkbox"/> Hats <input type="checkbox"/> Scarves & Gloves <input type="checkbox"/> Belts <input type="checkbox"/> Jewelry
men	<input type="checkbox"/> Underwear & Sleepwear <input type="checkbox"/> Socks <input type="checkbox"/> Robe <input type="checkbox"/> Slippers <input type="checkbox"/> Sandals/Flip Flops	<input type="checkbox"/> Pants <input type="checkbox"/> Long Sleeve Dress Shirts <input type="checkbox"/> Sweaters <input type="checkbox"/> Blazers <input type="checkbox"/> Ties <input type="checkbox"/> Dress Shoes	<input type="checkbox"/> T-Shirts & Polos <input type="checkbox"/> Short Sleeve Shirts <input type="checkbox"/> Jeans <input type="checkbox"/> Shorts <input type="checkbox"/> Swimsuits <input type="checkbox"/> Casual Shoes	<input type="checkbox"/> Jackets & Coats <input type="checkbox"/> Raincoats <input type="checkbox"/> Hats <input type="checkbox"/> Gloves <input type="checkbox"/> Belts
toiletries	Toiletries			
	<input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste (3 oz) <input type="checkbox"/> Dental floss <input type="checkbox"/> Mouthwash (3 oz) <input type="checkbox"/> Deodorant (3 oz) <input type="checkbox"/> Cotton Balls/Swabs <input type="checkbox"/> Tweezers	<input type="checkbox"/> Soap <input type="checkbox"/> Washcloth <input type="checkbox"/> Shampoo & Conditioner (3 oz) <input type="checkbox"/> Nail Care Supplies <input type="checkbox"/> Shaving Supplies <input type="checkbox"/> Makeup Remover	<input type="checkbox"/> Brush or Comb <input type="checkbox"/> Hair Products <input type="checkbox"/> Mirror <input type="checkbox"/> Sunscreen (3 oz) <input type="checkbox"/> Moisturizer (3 oz) <input type="checkbox"/> Lip Balm <input type="checkbox"/> Insect Repellent	<input type="checkbox"/> Contact Lenses & Supplies <input type="checkbox"/> Birth Control <input type="checkbox"/> Feminine Hygiene <input type="checkbox"/> Medications <input type="checkbox"/> Vitamins <input type="checkbox"/> Pain Reliever/Aspirin <input type="checkbox"/> First-Aid/Band-aids
travel essentials	Travel Aids	Travel Info	Documents	Miscellaneous
	<input type="checkbox"/> Pleasure reading <input type="checkbox"/> Snacks <input type="checkbox"/> Earplugs <input type="checkbox"/> Sleeping mask <input type="checkbox"/> Travel Pillow & Blanket <input type="checkbox"/> Motion-sickness Remedy	<input type="checkbox"/> Passport/Visa <input type="checkbox"/> Driver's License <input type="checkbox"/> Itinerary <input type="checkbox"/> Maps & Directions <input type="checkbox"/> Travel Confirmation <input type="checkbox"/> Membership Cards <input type="checkbox"/> Guidebook <input type="checkbox"/> Language Guide	<input type="checkbox"/> Copies of Travel Docs <input type="checkbox"/> Copies of Credit Cards <input type="checkbox"/> Copies of Passport <input type="checkbox"/> Credit Card Contact Info. <input type="checkbox"/> Emergency Contact Info. <input type="checkbox"/> Medical Insurance Card <input type="checkbox"/> List of Medications <input type="checkbox"/> Travel Insurance <input type="checkbox"/> Int. Vaccination Card	<input type="checkbox"/> Umbrella <input type="checkbox"/> House Keys <input type="checkbox"/> Travel Locks & Keys <input type="checkbox"/> Luggage Tags <input type="checkbox"/> Hospitality Gifts <input type="checkbox"/> Journal <input type="checkbox"/> Pens/Pencils <input type="checkbox"/> Sense of Humor
	Funds	Bags	Packing Aids	Laundry
	<input type="checkbox"/> Wallet <input type="checkbox"/> Cash <input type="checkbox"/> Credit Cards <input type="checkbox"/> ATM Card	<input type="checkbox"/> Backpack/Daybag <input type="checkbox"/> Purses <input type="checkbox"/> Collapsible Tote <input type="checkbox"/> Money Belt <input type="checkbox"/> Sealable Plastic Bags	<input type="checkbox"/> Packing Cubes <input type="checkbox"/> Packing Folders <input type="checkbox"/> Compression Socks	<input type="checkbox"/> Laundry Bag <input type="checkbox"/> Laundry Kit <input type="checkbox"/> Sewing Kit <input type="checkbox"/> Stain Remover
	Technology		Contacts	Work
	<input type="checkbox"/> Cellphone & Charger <input type="checkbox"/> PDA & Charger <input type="checkbox"/> Laptop & Charger <input type="checkbox"/> Camera & Charger <input type="checkbox"/> Film or Memory Card <input type="checkbox"/> Converters & Adapters	<input type="checkbox"/> Small Flashlight/Headlamp <input type="checkbox"/> Binoculars <input type="checkbox"/> Alarm Clock <input type="checkbox"/> Music Player & Headphones <input type="checkbox"/> Kindle/iPad	<input type="checkbox"/> Address Book <input type="checkbox"/> Important Numbers/Datebook <input type="checkbox"/> Calling Card	<input type="checkbox"/> Work Documents <input type="checkbox"/> Work Reading <input type="checkbox"/> Office Supplies <input type="checkbox"/> Notebook

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## TESTIMONIALS

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I am writing to express my sincere gratitude to you and the entire medical and operational staff of New England Allergy for the caring, kindness and genuine concern shown to me last week when I had a severe reaction to a hornet sting. I truly believe that the reaction was life threatening and the prompt attention I received from the moment I walked in the door from the administrative staff and you and the medical staff truly did save my life; the reaction was that bad.

In this day and age, where medical care has been compromised due to the complexities of the health insurance and other regulations, it is comforting to know that there are practitioners in existence that prioritize the quality of medical care over and above the constraints imposed upon the practice of medicine by unduly burdensome regulations. It is good to know that the priorities associated with traditional medical care are alike and well in the 21st century practice of medicine!

-Joseph B. August 2016

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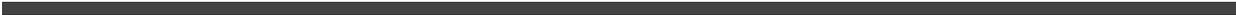
## OUR PROMISE

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We are committed to provide the international community, as well as the overseas patients, with high quality healthcare services.

Regardless of our patient's background or where in the world they live, we promise to deliver an unparalleled experience unique to them.







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